

KENYA

Environment, Health, and Community Development in East Africa

ENV 349/349L (ADV, 4 credits)

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Tentative Travel Dates: late May into June | Estimated Travel Fee \$5,500

Sample itinerary is based on a previous trip, so actual activities may vary well differ.

DAY 1 | Fly from Boston

Meet at Boston Logan airport for overnight flight to European gateway airport and connecting flight to Nairobi, Kenya

DAY 2 | Connecting flight to Nairobi, Kenya

Arrive European gateway in the morning, then board connecting flight to Nairobi, meet drivers at airport, transfer to apartments, dinner, overnight

DAY 3 | Nairobi

Breakfast, National Museum of Kenya, lunch, Nairobi National Park game drive, dinner, overnight at apartments

DAY 4 | Overland drive to Kisumu, Kenya

Breakfast, travel by vans through Rift Valley, seeing Lake Naivasha, Nakuru, and Kericho enroute, lunch in Nakuru, arrive Kisumu, settle into hotel, dinner, overnight at hotel

DAY 5 | Maseno University

Breakfast, tour Maseno University and School for Environment & Earth Science, lunch on campus, dinner in Kisumu, overnight in hotel

DAY 6 | Nyakach & NYADEC

Breakfast, depart Kisumu for Nyakach, meet NYADEC members (the Nyando District Centre for Environmental Conservation), settle in with homestay family, visit local high school, dinner and overnight with homestay family

DAY 7 | Volunteer with NYADEC

Breakfast with homestay family, work with NYADEC members on various projects to combat soil erosion, soccer, dinner and overnight with homestay family

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Sample Itinerary

DAY 8 | Lake Victoria

Breakfast with homestay family, outing to Lake Victoria beach to learn about fisheries management, dinner and overnight with homestay family

DAY 9 | NYADEC farewell, return to Kisumu

Breakfast with homestay family, wrap up projects and farewell to NYADEC community, return to Kisumu, dinner, overnight at hotel in Kisumu

DAY 10 | SWAP - Safe Water & AIDS Project

Breakfast at hotel, visit SWAP offices, go into the field with SWAP personnel, dinner at hotel, guest speaker discussing HIV research, overnight at hotel

DAY 11 | Lake Victoria excursion

Breakfast at hotel, wrap up activities with SWAP, visit Impala Sanctuary or boat on Lake Victoria, possible hippo sightings, back to hotel for relaxed evening and dinner, overnight at hotel

DAY 12 | Kakamega Rain Forest

Breakfast at hotel, travel overland to Kakamega in the rain forest, settle into bandas and meet KEEP (Kakamega Environmental Education Programme) staff, orientation and project with KEEP, hike with mist netting of birds, dinner and overnight at bandas

DAY 13 | Kakamega, KEEP

Optional sunrise hike to highest point in Kakamega, breakfast back at bandas, continue work on KEEP projects, lunch at bandas, more work with KEEP, dinner and overnight at bandas

DAY 14 | KEEP, return to Kisumu

Breakfast at bandas, environmental education sessions with local youth, wrap up and say goodbye to KEEP community, depart for Kisumu, dinner and overnight at hotel in Kisumu

DAY 15 | Nairobi

Breakfast at hotel, overland drive from Kisumu to Nairobi, settle into apartments, dinner, overnight at apartments

DAY 16 | Lale'enok Resource Center

Breakfast in apartments, overland drive to South Rift and Lale'enok Resource Center, lunch, visit archeological site at Olorgesailie, orientation, welcome dinner, overnight in tented camp

DAY 17 | Lale'enok Resource Center

Breakfast in camp, spend day engaged in a variety of research and eco-tourism activities, game drive, dinner, overnight in tented camp

DAY 18 | Lale'enok Resource Center

Breakfast in camp, spend 2nd full day in a variety of research and eco-tourism activities, game drive, dinner, overnight in tented camp

DAY 19 | Lale'enok Resource Center

Breakfast in camp, spend 3rd full day in a variety of research and eco-tourism activities, game drive, dinner, overnight in tented camp

DAY 20 | Return to Nairobi

Breakfast in camp, wrap up activities, overland drive to Nairobi, settle into apartments, dinner, overnight at apartments

DAY 21 | Giraffe Centre, Elephant Orphanage

Breakfast in apartments, visit Giraffe Centre and David Sheldrick Elephant Orphanage, return to apartments to rest, pack and transfer to airport for evening departure from Nairobi airport

DAY 22 | Connecting flight to Boston

Arrive European gateway airport and connect to flight back to Boston, afternoon arrival in Boston



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